

What's Your Story?

**WANT TO KNOW & LEARN
MORE ABOUT YOURSELF AND
YOUR RELATIONSHIPS?**



DCY Consulting

**INDIVIDUAL, COUPLES, OR SMALL GROUP SESSIONS
CUSTOMIZED & INDIVIDUALIZED**

Focusing on a variety of themes and topics

◆ **Myers-Briggs Type Indicator [MBTI®]**

Discover and explore how your personal preferences and life choices impact yourself, your friendships and relationships, and your career.

◆ **Kilmann-Thomas Conflict Transformation Scale**

Uncover your strengths and challenges focusing on how you view, approach, and respond to intrapersonal, interpersonal, and group conflict.

◆ **Your Social & Emotional Intelligences [The Work of Daniel Goleman]**

Gain greater understanding about your abilities and difficulties with reading, initiating, and reacting to a diverse range of social situations and your skills in emotional self-regulation.

◆ **Your Multiple Intelligences [The Work of Howard Gardner]**

Develop a keen sense of your specific intelligences and how to utilize them better in the full range of your life experience.

◆ **Journeying with Your Archetypes [The Work of C. G. Jung]**

Journey into the world of archetypes and learn what symbols and motifs in the world most excite and inspire you and how to work with them to enhance your life & relationships.

All consulting services are offered on an affordable sliding scale. Consultations will be offered via your choice of Zoom, FaceTime, or phone in the comfort of your own home with full privacy and confidentiality. Our time together can be tailored to fit your schedule and preferences, from 60 to 90 minutes per session. Handouts and documents will either be mailed or emailed, depending on what topic(s) you select. Selecting multiple sessions will receive a discount.

Let's plan to work together soon!

**Please contact me for more information about my consulting services
and to schedule an appointment**

Daniel Cantor Yalowitz, Ed.D.

danielcyalowitz@gmail.com

www.danielyalowitz.com [781] 962 - 4777

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THE MYERS-BRIGGS TYPE INDICATOR [M.B.T.I. ©]

**DURING THIS EXPERIENTIAL CONSULTATION WITH DANIEL,
YOU WILL LEARN ABOUT AND EXPLORE:**

- Your personal preferences and lifestyle/personality choices
- How these impact your intimate, social, and working relationships
- How to be more aware of and deal more effectively with the interpersonal challenges you may face on a day-to-day basis
- Enhancing your understanding of others' behaviors and statements
- Ways you can more effectively manage differences, conflicts, and challenges with others and yourself in your life
- How to understand and reduce negative stress in your life
- What comes most naturally and easily to you and what you may want or need to develop in terms of self-awareness and personal growth

In order to provide you with an optimal learning experience through this consultation, you'll need to complete a brief written survey and return it to Daniel at least two weeks prior to your scheduled individual consult. The depth of your personally customized individual consultation will be based on the amount of time you contract for, whether by Zoom, FaceTime, or telephone.

Handouts will be provided following the consultation via the U.S. Postal Service.

Length of time to complete your assessment: 60-75 minutes

Length of time for your personalized consult: 60-90 minutes

Sliding Scale Fee Range: 60 minutes: \$ 60-75-90; 90 minutes: \$ 85-110-140

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KILMANN-THOMAS CONFLICT TRANSFORMATION SCALE

**DURING THIS EXPERIENTIAL CONSULTATION WITH DANIEL,
YOU WILL LEARN ABOUT AND EXPLORE:**

- the nature, origin, and many levels of conflict
- the range of styles and approaches through which human beings work with conflict
- why and how conflict is both inevitable and helpful in our relationships
- what motivates you to respond and react to perceived and real conflict in the way(s) you do
- the role that your personality has in developing your conflict response style(s)
- how you strengthen and refine your way(s) of responding to conflict
- keys to practicing and improving your conflict-awareness and handling skills on an everyday basis

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YOUR SOCIAL & EMOTIONAL INTELLIGENCES

Based on the work of Daniel Goleman

**DURING THIS EXPERIENTIAL CONSULTATION WITH DANIEL,
YOU WILL LEARN ABOUT AND EXPLORE:**

- ◆ **the background for understanding major concepts of intelligence and how it impacts and influences human development and relationships**
- ◆ **the role of social and emotional intelligence in our everyday lives**
- ◆ **how to enhance and refine your skills and abilities to adapt your social and emotional intelligences for relational and professional purposes**
- ◆ **how to support your friends, colleagues, and others to access their emotional and social intelligences**
- ◆ **how to recognize when your intelligence is questioned and in conflict with those of others and how to turn these conflicts around for yourself**

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YOUR MULTIPLE INTELLIGENCES

Based on the work of Howard Gardner

**DURING THIS EXPERIENTIAL CONSULTATION WITH DANIEL,
YOU WILL LEARN ABOUT AND EXPLORE:**

- various concepts about and perspectives on human intelligence
- Gardner's framework for intelligence and each form of intelligence
- how each of these intelligences operate in your everyday life
- your personal strengths and challenges with regard to each of the intelligences
- how to access, enhance, and refine those intelligences that are most important to you in your life, relationships, and work
- how to support other people in your life to enhance and further their understanding and use of the multiple intelligences

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JOURNEYING WITH YOUR ARCHETYPES

Based on the work of C. G. Jung

**DURING THIS EXPERIENTIAL CONSULTATION WITH DANIEL,
YOU WILL LEARN ABOUT AND EXPLORE:**

- ◆ Jungian psychology and a few of its fundamental terms and concepts
- ◆ the definition, meaning, and value of archetypes
- ◆ why archetypes matter in your daily life and your relationships and what role they play
- ◆ how and why you are attracted to and repelled from certain archetypes
- ◆ the impact and influence of archetypes on your life journey and journeys
- ◆ ways of building on your archetypal energies and using these proactively and productively in your friendships and work

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